

North Shore Prep-Opt Gymnasts Start the Season Strong

North Shore Gymnastics (NSGA) Prep-Opt Girls' Bronze and Silver Teams first meet of the season was the Peppermint Twist on Friday, December 2nd at the Minneapolis Convention Center. The Bronze team placed third with a 102.800 and the Silver Team set a new state team record with a 110.150.

Bronze highlights include **Bridgette Albertson's** (age 8, Orono) third place All Around ranking with a score of 35.100 and **Madeline Doshan** (age 10, Mound) placed first on Beam with a score of 8.900. In addition, North Shore's Prep-Opt Silver Team had many standout performances. Amongst the 7-10 year olds **Mara McCollor** (age 10, Plymouth) placed first All Around with a score of 37.100, **Grace Noble** (age 10, Medina) placed 5th All Around with the score of 32.700 and **Payton Sapletal** (age 9, Orono) ranked first on vault with the score of 8.900. **Grace Edsill** (age 11, Waconia) placed 4th All Around in the 11 Year Old Age Group. In the 12 and Up Age Group North Shore took the top three All Around seats with **Rachel Fay** (age 13, Maple Plain) placing first with a score of 36.550, **Sage Petrusa** (age 13, Maple Plain) ranking 2nd with a score of 35.550 and **Amanda Fawcett** (age 12, Waconia) finishing 3rd with a 35.350.

The next competition for the Prep-Opt team will be the weekend of January 14-15 at Lake Middle School in Woodbury, MN.

North Shore Gymnastics Association in Orono was founded 37 years ago and is a 501c3 non-profit organization. It is the club's purpose to acquaint children at all levels of physical ability, potential and growth with the sport of gymnastics in an atmosphere of safe, fun and positive learning; and to help each child develop gymnastics skills, good sportsmanship and discipline. North Shore Gymnastics Association is also the practice facility for the ISD #278 (Orono) and ISD # 277 (Mound) girls' high school gymnastics teams. **For more information please call 763-479-3189 or visit us at www.northshoregym.org.**